

# D. Rod Walters II, DA, ATC

## EDUCATION

Middle Tennessee State University  
Doctor of Arts, Physical Education, May, 1988

Appalachian State University  
Master of Arts, Physical Education, August, 1980

Appalachian State University  
Bachelor of Science, Physical Education, August, 1979

## CAREER HIGHLIGHTS

- Inducted in NATA's Hall of Fame in 2005
- Athletic Trainer in college ranks since 1980
- Made more than 150 presentations on athletic training
- Have written more than 35 professional articles



An innovative professional, Rod Walters has enjoyed a storied career as a collegiate athletic trainer. Most recently, Walters has provided outstanding consultations and is a much-sought after public speaker through Walters Inc. – Consultants in Sports Medicine. Basing his expanded role on his mantra, “the best way to sell, is to make sure the client is educated about the concept.”

A member of the National Athletic Trainers Association (NATA), he served on NATA's Board of Directors from 1997 - 2003. He received the NATA's Most Distinguished Athletic Trainer Award in 2003 and was inducted into the NATA's Hall of Fame in 2005. He was recognized as a recipient of the Pioneer Award in 2006 with the North Carolina Athletic Trainers Association. He is a member of the American Orthopaedic Society for Sports Medicine.

A native of Fayetteville, N.C., Walters worked in the field of athletic training for 28 years. He received his undergraduate and Master's degrees at Appalachian State University and his doctoral degree from Middle Tennessee State University. Walters is a graduate of the Athletic Training curriculum at Appalachian, and has been an advocate for good relationships between the clinical practice of Athletic Training and what is taught in the curriculums and classrooms.

Walters was head athletic trainer at Lenoir-Rhyne College (N.C.) for five years before joining the staff at Appalachian and moved to the University of South Carolina in 1990, a member of the nation's top athletic league in the Southeastern Conference. Walters served South Carolina for seventeen years.

Walters is married to Susan Ferguson of Columbia, S.C., and they have four children.

## RECENT PRESENTATIONS

May – July, 2009 – Athletic Training Education Opportunity – Seminar presented in ten cities across the country.

June 22 2009 – DJO Sports Medicine and Athletic Training Seminar; (San Diego, CA), "Keynote Talk – Some Interesting Events in Sports Medicine: EMRs, PPEs, AEDs, and Turf?"

April 26, 2009 – Arkansas Athletic Trainers Association (Hot Springs, AR) – “NATA Position Statement: Dealing with Over-the-Counter and Prescription Medications in the Athletic Training Room.”

March 7, 2009 – North Carolina Athletic Trainers Society (Charlotte, NC) – “Dealing with the Media – Marketing Our Profession.”

February 28, 2009 – American Orthopaedic Foot and Ankle Society (Las Vegas, NV) – “Ankle Rehabilitation.”

December 6, 2008 – American Turf Builders Association (New Orleans, LA) – “Staph and MRSA Concerns in Athletics”.

October 26, 2008 – Michigan Athletic Trainer Society (East Lansing, MI) – “Best Support-ing Actor”: Prophylactic Bracing for the Student-Athlete.”

August 6, 2008 – Covidien MRSA Seminar (Baltimore, MD) – Staph and MRSA in Athletics: Prevention Strategies.

June 7, 2008 – DJO Sports Medicine and Athletic Training Seminar; (San Diego, CA), "Keynote Talk – Iontophoresis Options in the Clinic?"

February 7, 2008 – Performance Enhancing Drug and Nutrition Summit, (Nashville, TN), “Formulating Policies for Drug Testing and Supplement Distribution.”

February 2, 2008 – Big Sky Athletic Training and Sports Medicine Seminar, (Big Sky, MO), “Properties of Synthetic Turf Systems – Information for the Sports Medicine Team.”



## WHAT THEY ARE SAYING ABOUT ROD WALTERS ...

“I have known Dr. Walters for over 20 years and have had the pleasure to work with him on several different projects and under a variety of circumstances. In each project, Rod has conducted himself with the absolute highest standards of professionalism and the work product has been most valuable.”

Jon L. Pritchett

FRENCH | WEST | VAUGHAN, Raleigh, NC

“Dr. Walters is one of the first people I met upon my arrival at South Carolina. I have had the opportunity to know Rod personally and professionally. He has been a true professional with me at all times. His expertise, knowledge, and communication skills demonstrate why he is the professional he is today. Dr. Walters takes tremendous pride in making himself available to assist anyone who calls on him.”

Pat Moorer, Director of Strength and Conditioning  
University of Louisville, Louisville, KY

“I have been fortunate to be associated with Rod Walters for a number of years as a student, a peer, and as a co-worker. Over the years, Rod has constantly exhibited a high level of passion for the field of Athletic Training. His wealth of practical knowledge and innovative ideas has proven to be beneficial to Athletic Trainers, Physicians, Coaches, and Student-Athletes.”

Phil Hedrick, ATC, Head Football Athletic Trainer  
North Carolina State University, Raleigh, NC

“Dr. Walters taught me the value of hard work and the importance of education. With his experience and knowledge in athletic training Dr. Walters showed us by example how to be a successful athletic trainer.”

Greg Harmon, Sales Manager  
ACO Med Supplies, Columbia, SC

“Dr. Walters possesses an indescribable passion for the profession of athletic training, which is rooted deep in his soul, and is infectious to those who are around him.”

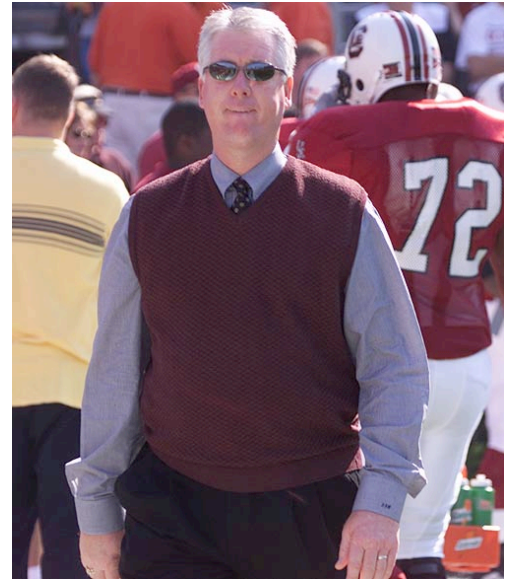
Cynthia “Sam” Booth, PhD, ATC  
Practice Administrator for Faculty Practice, Rochester General Hospital

Throughout all of my years of dealing with Rod, he is the utmost professional and someone who can always be trusted to go above and beyond to assist you with your needs.

Darryl Conway, MA, ATC, Asst. Athletic Director Sports Medicine  
University of Maryland, College Park, MD

“Rod Walters is one of the finest athletic trainers in our profession. His expertise as a clinician, scientist, administrator and lecturer is well documented. Over the past year, I have had the good fortune to work with Rod in his continuing efforts to improve the high standards of medical care which he provides for his athletes and for our profession. It has been our pleasure at Aegis to be associated with such an extraordinarily dedicated professional as Rod Walters.”

Michael A. Colello, MS, ATC, Manager, Sports Testing  
Aegis Sciences Corporation, Nashville, TN



## WALTERS INC.

CONSULTANT  
IN SPORTS MEDICINE

## ACCOMPLISHMENTS INCLUDE

- Consultant to the Appropriate Medical Coverage Task Force - a committee of the National Athletic Trainers Association.
- Numerous articles published.
- Consultant to the Southeastern Conference (SEC) regarding the pre-participation of the conference's football officials.
- Developed several orthopaedic appliances including off-the-shelf braces for the ankle and elbow; and The Fortis, an ankle-foot orthosis for the troublesome “high ankle sprain.” Athletes from high schools, colleges and professional football in the United States are currently utilizing the braces.
- Featured speaker at athletic training and sports medicine clinics nationally and internationally.

## CONTACT INFORMATION:

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